



More than 4,000 Americans die each year in fires and more than 20,000 are injured. Many of them might be alive today if they had only had the information they needed to avoid a disaster.

### Did you know?

- 82% of all fire deaths occur in the home.
- Cooking is the leading cause of home fires in the U.S. It is also the leading cause of fire injuries.
- Deaths due to fires caused by cooking are particularly preventable.
- Having a working fire alarm reduces one's chance of dying in a fire by nearly half.
- Following these simple fire safety tips can boost survival rates dramatically. Please share them because knowledge is the best fire protection.

### Cooking Fires Life-Saving Tips

- Never leave cooking unattended. A serious fire can start in just seconds.
- Always wear short, tight-fitting sleeves when cooking.
- Keep towels, pot holders and curtains away from flames and heating elements.
- Clean cooking surfaces regularly to prevent grease buildup which can ignite.
- If a fire breaks out while cooking, put a lid on the pan to smother it.
- Never throw water on a grease fire.
- Heat oil gradually to avoid burns from spattering grease.
- Use extra caution when preparing deep-fried foods.
- Never use the range or oven to heat your home.
- Double check the kitchen before you go to bed or leave the house.
- Make sure all small appliances are turned off.

# Cooking Safety

